Richmond University



2023 ANNUAL REPORT

Message from the President and Chief Executive Officer

When we look back on 2023, the year can be summed up in one word: progress. Progress fueled by our continuing desire to address our community's growing need for increased access to quality healthcare and progress driven by strategic investments and careful planning that ensures our institution will remain at the forefront of an increasingly competitive marketplace.

The year was bookended by a pair of milestones. January saw the first trauma patients cared for in our new state-ofthe-art James P. Molinaro Emergency Department. Then in December, we officially unveiled our new Lucille and Jay Chazanoff Surgical Pavilion. This advanced surgical department and Center of Excellence features world-class operating suites, including three advanced robotic suites, among many other modernizations. During the months in between, we continued progress on renovating our Mother/ Baby Unit into single bed suites, advanced the physical construction of our co-gen power plant, drew closer to the complete re-installation of storm-proof windows throughout the hospital, and initiated the primary design phase of our new Joan and Alan Bernikow Heart and Vascular Institute. A new Richmond University Medical Center is just over the horizon, primed and ready for the expanded care needs of our community.

The nationwide trend of moving more and more inpatient services to outpatient care was the catalyst behind the continued expansion of our Richmond Health Network. Driven by increased need for the network's existing services, endocrinology, oncology, ENT, gastroenterology, urology, gynecology and several other key service lines were expanded through new office locations and the addition of new highly trained and experienced medical providers. Taking a deep dive into the needs of our community and where gaps in access to quality care existed, we added new service lines, like rheumatology, surgical oncology, and head and neck to our healthcare arsenal and set the groundwork for additional services, like nephrology and many others, to come online in 2024.

In 2023, we provided more health screenings for our community than in any year since the COVID-19 pandemic. Using the high rates of cancer and heart disease on Staten Island as an indicator, we collaborated with our elected

officials, community groups, businesses, and faith-based organizations to provide over 1,000 free screenings for breast, colorectal, and prostate cancer along with checks for high blood pressure, healthy lung capacity, proper A1C levels, glaucoma, and healthy heart activity through EKG monitoring. These screenings are critical to early detection and prevention.

We also continued to support many of our community partners by sponsoring some of the most important events on Staten Island, including the Staten Island Advance Women of Achievement Awards, the Staten Island Economic Development Corporation's Health and Wellness Expo, and Nonprofit Staten Island's Annual Nonprofit Conference, to name a few.

Midway through 2023, we welcomed a new Chair to our Board of Trustees, Timothy C. Harrison, along with new officers and new Trustees. Working together with our Medical Staff, Senior Administration and our RUMC Foundation Board, we will continue to make strategic decisions and investments that put the health of our community first, protect our legacy, and ensure a stable and bright future for many years to come.

Throughout this annual report you will find that many of our departments have shared their accomplishments from 2023. You will read about new staff, new technology, and new procedures as well as awards and accreditations earned this past year for quality care and patient safety. Our 2023 annual report captures the past year's progress and sets the stage for many exciting and important advances that lie just around the corner in 2024 and beyond.

Sincerely,

Daniel J. Messina, PhD, FACHE President and Chief Executive Officer

It is the honor of a lifetime to serve as Chair of the Board of Trustees for Richmond University Medical Center. RUMC has a rich history. Our roots trace back to a 74-bed hospital and nursing school that the Sisters of Charity established in 1903. To do so, they modified a Civil War-era mansion on our Bard Avenue campus that still stands.

The legacy of that old mansion continues to inspire and challenge us as Trustees. It is a legacy that demands constant, vigilant stewardship of RUMC's traditions and values. It demands acute sensitivity to the lessons and consolations of the past. It demands respect for the wisdom of our predecessors, not alone our inspirational Trustee Emeriti, Kathryn Rooney and Ron Purpora. It inspires us to emulate their extraordinary commitment — and work ethic.

Each individual who has chosen to become a member of the RUMC family — our over 3,000 physicians, nurses, residents, staff members, executive leadership, and countless additional volunteers, including the Trustees — strives to fulfill the promise of our forebearers.

Each of us works tirelessly, as did our predecessors over the course of generations, to provide exceptionally conscientious, exceptionally meticulous, exceptionally sensitive care to the individuals and families of Staten Island and beyond. That is our legacy, and our trust. That is why RUMC remains a uniquely compassionate place.

There is a dynamism at RUMC, a can-do spirit, a perseverance, a willingness to invest in our facilities and ourselves, a determination always — always — to do the right thing, the best thing, for those who seek our care. All told, we have deployed over \$250 million in capital improvements, which are, or soon will be, in operation including our new 35,000 sq. ft. Emergency Department, Medical Intensive Care Unit, and Lucille and Jay Chazanoff Surgical Pavilion.

RUMC people live and breathe health equity. We open our doors — and extend a helping hand — to everyone. We contribute 16 percent of our revenue to charity care and subsidized care for those in need — and another 9 percent of our revenue to the clinical education of our students.

None of this would be possible without the extraordinary commitment of RUMC's doctors, nurses, and staff. The men and women who refuse to take the easy way out, who do the right thing, the compassionate thing, the thing beyond the call of duty for their patients, without regard to income, or ethnicity or status, day after day, year after year, no matter how difficult the work, no matter how tired they feel.

To those healthcare professionals, to our extraordinary executive leaders, to our diligent, exceptionally talented, exceptionally committed Trustees, and to our many, many generous and indispensable donors and volunteers, this brings heartfelt thanks, and heartfelt best wishes for a healthy and productive year ahead.

Sincerely,

Jumathy C. L/AM

Timothy C. Harrison Chair. Board of Trustees

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2023 Key Stats

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1.5 million Lab Tests (including COVID-19)



52,375 **Emergency Department Visits**



14,800 Admissions



11,339 Physical/Occupational Therapy Treatments (adult and pediatric)



Surgical Procedures

10,987



9,266 Pathology Cases (surgical biopsies; non-gynecologic, autopsies, etc.)



2,883 Births



<u>දි</u> 2,830 Employees

2,160

Speech/Cognitive and Swallowing Therapy Treatments (adult and pediatric)

1<u>,013</u> **Observation Cases**



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510 **Physicians on Staff**



448 **Licensed Beds**

224 Radiology/Imaging Procedures



The Honorable James P. Molinaro Emergency Department Officially Opens

On January 20, the hospital's new Emergency Department officially began caring for its first patients. Months of planning and careful coordination resulted in a flawless transition from the existing Emergency Department, built in 1978, to the new facility in just a few hours.

Virgin Mary Sanctuary Renovated and Dedicated

Staff gathered outside the hospital on June 27 to participate in a blessing ceremony for the hospital's new sanctuary to the Virgin Mary. The sanctuary was also dedicated to the memory of John Flanagan, son of Facilities Manager Jack Flanagan, who passed away several years ago. Jack and his wife Wendy were joined by family members and friends for the dedication.





New Board of Trustees Chair, Members, and Medical Staff President

In July, the RUMC Board of Trustees elected Timothy C. Harrison as its new Chair. The board also welcomed Kenneth E. Corey, Wing L. Law, Joseph Torres, and Robert Urs as new members. Francesco Rotatori, MD, FACC, assumed the role of President of the Medical Staff. Dr. Rotatori currently serves as Chief of Cardiology and Executive Director of the Joan and Alan Bernikow Heart and Vascular Institute.

Hospital Pauses to Remember 9/11/01

Hospital staff, along with members of the NYPD, FDNY, and community leaders, paused on Monday, September 11, to pay tribute to the victims of the attacks on September 11, 2001. The ceremony, commemorating the 22nd anniversary of the attacks, was held in front of the hospital's 9/11 memorial, as it is each year.





Pediatric Department Dedication

In recognition of nearly 20 years of support and leadership, RUMC's Pediatric Unit was dedicated in honor of former Board of Trustees Chair, now Chair Emeritus, Ronald Purpora and his wife, Gail. Purpora retired from the board this year after 15 years of service.

New Lucille and Jay Chazanoff Surgical Pavilion Unveiled

On December 13, over 300 people were on hand as RUMC officially unveiled its new \$42 million Lucille and Jay Chazanoff Surgical Pavilion. Located one floor above RUMC's new James P. Molinaro Emergency Department, the nearly 40,000 square feet pavilion includes 23 pre- and post-operation bays for patients, 10 new technologically-advanced surgical rooms, larger nursing stations, natural lighting, advanced infection control technology, a hotel-style family waiting area, and spacious hallways created to improve staff and patient flow. Three of the operating suites are specifically designed to accommodate robotic surgery systems.



\$500,000+

Jay Chazanoff Mother Cabrini Health Foundation

\$100,000-\$499,999+

The Staten Island Foundation Vincent and Lorena Theurer/The Vincent Theurer Foundation Richmond County Savings Foundation Anonymous Dr. Krishne Urs Joan and Alan Bernikow The Zenna Family Foundation

\$50,000-\$99,999

Marcello and Charlotte Sciarrino Hylan Services LLC Dr. Richard Fazio Incredibly Blessed Mount Sinai Health System

\$20,000-\$49,999

Hon. Dianne Powers The Northfield Bank Foundation Priority One Ambulance Ronald Purpora Dr. and Mrs. Daniel J. Messina Subaru of America John and Debra Santora Angels On The Bay Inc Dr. Nedunchezian Sithian L.F. Driscoll Company, LLC **RUMC Medical Staff** Caroline and Tim Harrison Robert and Jennifer Urs **Richmond University Medical** Center Auxiliary Alice Diamond

\$10,000-\$19,999

Barbara and Dom Famulari American University of Antigua College of Medicine Northfield Bank Dr. Michael Cabbad Island Auto Group Dr. Theodore Atlas Foundation Dr. and Mrs. Thomas Petrone Vaslas Lepowsky & Hauss, LLP John and Gina Gutzeit Pitta Bishop Del Giorno, LLC Dr. Srinivas Duvvuri JRCRUZ Corp. Dominick and Rosemarie Stazzone Mannix Family Supermarkets Preston Hollow Capital LLC Jim Thompson Foundation Joseph Torres Dr. Mark Brandon **EmPRO** Insurance Company New York Cancer and Blood Specialists FTI Consulting **Cicero Consulting Associates** Joseph Ferrara Berkeley Research Group North American Partners in Anesthesia Anthony Libecci OneGroup NY. Inc Hillary and Marc Savino

\$5,000-\$9,999

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\$2,000-\$4,999

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\$1,000-\$1,999

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\$100-\$499

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Dr. Henry Habib Tara Harrington Carolyn Holland Dr. Salim Hussain Dr. Christopher Janusz Penelope Jensen Dr. Aluko Jervis Dr. Lance Jung Dr. Amariit Kaur Christopher Keane Dr. Nida Khan Ishita Kharode Dr. Simon Kokkinakis Robin Kramer Dr. George Kuczabski Christine Leon Diehard Exterminating Inc. Thomas McGoev Dr. Vincenza Mineo **Raymond Mullick** Dr. Oluwafemi Odevale Michael Passarella Grace Pepe Dr. Michael Piccarelli Seaview Podiatry PC Dr. Olga Rakhlin Dr. Lucas Ralston Claire Regan Dr. David Reznik Dr. Vladimir Rubinshtevn Saniie and Mislim Ruci Dr. Archna Sarwal Dr. Pranay Saxena Diane Scanlon Dr. Disha Shah Gary Sibelman Joann Stuart Jacqueline Teriaco Karen Torrone Dr. Melissa Wright Dr. Michael Zemaitis

Cardiovascular

Caring for hearts one beat at a time

Francesco Rotatori, MD, FACC Chief of Cardiology, Executive Director, Joan and Alan Bernikow Heart and Vascular Institute

Angioplasty: Saving lives when every second counts

Ninety minutes; that is the time physicians at Richmond University Medical Center guarantee a heart attack will be treated with balloon angioplasty, from the moment the ambulance is called to the patient's home to the moment the patient undergoes the procedure in the cardiac catheterization lab.

The amount of damage to the heart muscle depends on the size of the area supplied by a blocked artery and the time between injury and treatment, according to the American Heart Association. Balloon angioplasty, a minimally invasive procedure, opens narrow and blocked arteries when time is of the essence.

RUMC physicians performed more than 500 cardiac catheterizations and close to 200 percutaneous coronary interventions last year, said Francesco Rotatori, MD, FACC, Chief of Cardiology, Executive Director of the Joan and Alan Bernikow Heart and Vascular Institute, and President of the RUMC Medical Staff.

"Our 24/7 coverage for acute myocardial infarction (heart attack) has the most visible impact in the community," Dr. Rotatori added.

Nationally recognized for quality and patient care

In July 2023, RUMC earned the American Heart Association's Mission: Lifeline STEMI Receiving Center Gold recognition for its continuous commitment to offering rapid, research-based care to people experiencing ST elevation myocardial infarction (STEMI), known to be more severe and dangerous than other types of heart attacks.



The hospital was also one of only 400 hospitals nationwide to earn the American College of Cardiology's NCDR Chest Pain MI Registry Platinum Performance Achievement Award for its outstanding comprehensive care of heart attack patients. RUMC is also one of only 1,144 hospitals nationwide named a High Performing Hospital by U.S. News & World Report for providing the highest quality care to patients experiencing heart failure.



Expanding care: A new procedure, a new vein clinic, and upgraded technology

A new procedure implemented in the catheterization lab this past year is Shockwave Intravascular Lithotripsy (IVL), the only technology that cracks both medial and intimal calcium while minimizing trauma to the vessel wall.

The Cardiovascular Department also added a vein clinic, offering evaluation and treatment for conditions including varicose veins, spider veins, and leg swelling. Nay Htyte, MD, MSc, FACC, FSVM, FSCAI, performs vein ablation, a 20- to 30-minute procedure provided at the hospital's cardiovascular outpatient office, located in the Dr. Krishne Urs Medical Pavilion at 1161 Victory Blvd. The department also continues to upgrade its electrophysiology technology for vascular studies, interventional cardiology, non-invasive cardiology, and outpatient services.



The Cardiovascular Department team provided over 200 free blood pressure checks and electrocardiograms (EKGs) at community events and health fairs throughout Staten Island in 2023.



In 2023, Sean Galligan, MD, FACC, Assistant Director of Cardiology, was interviewed by the Staten Island Advance newspaper about minimally invasive procedures, like echocardiograms, that can diagnose heart disease in its early stages. The rate of death due to heart disease on Staten Island is the highest in New York City and exceeds the national average, according to the CDC.

New physicians

In 2023, Ali Salman, MD, and Gautham Upadhya, MD, MPH, joined the RUMC team of board certified cardiologists, strengthening the department to 20 heart and vascular specialists.

Gautham Upadhya

MD. MPH

Psychiatry and Behavioral Science

Leaders in the treatment of children, adolescents, and adults



Joel Idowu, MD Chair, Department of Psychiatry and Director, Residency Training in Psychiatry

Under the direction of Joel Idowu, MD, Chair of the Department of Psychiatry and Director of Residency Training in Psychiatry, RUMC provided treatment to individuals of all ages through nearly 160,000 outpatient visits in 2023.

Richmond University Medical Center is Staten Island's leading provider of behavioral health services for children, adolescents, and adults, offering inpatient and outpatient options on the main hospital campus and at numerous locations throughout Staten Island.

"We are helping even more people now because of the COVID-19 pandemic," Dr. Idowu said, "especially teens and young adults who suffered from restriction and isolation." There has been an uptick in anxiety, depression, fear of disease, substance and alcohol abuse, domestic conflict and suicide, he noted.

New substance use treatment introduced

A new FDA-approved treatment for substance use disorder has been successfully introduced at RUMC's Silberstein Clinic, Dr. Idowu reported. The clinic is located in the hospital's Center for Integrative Medicine, a two-floor, outpatient facility providing a wide array of programs and services for addiction and behavioral health conditions. The once-monthly Sublocade injection is a treatment option for moderate-to-severe opioid use disorder that replaces oral medication. As an implant, Sublocade reduces the burden of taking medication daily.

As a New York State Office of Addiction Services and Supports (OASAS) licensed outpatient clinic, Silberstein is staffed with licensed clinicians, medical and psychiatric personnel who provide drug, alcohol, and mental health screening and assessment, individual and group psychotherapy/counseling, family, therapy, treatment for significant others, and referral for additional community supports.

Child/adolescent outpatient services earns training grant

RUMC's Child/Adolescent Outpatient Mental Health (OMH) – Staten Island Mental Health Society services were awarded an evidence-based trauma grant designed to train clinical staff to advance their acumen and skills. Training



On December 1, Nida Khan, MD, Medical Director, Child and Adolescent Outpatient Services (center), was among the honorees at the 30th annual National Alliance on Mental Illness (NAMI) awards gala. Dr. Khan is a board certified child and adolescent psychiatrist with extensive experience in treating children and adults with mental health issues.

has been offered in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Dialectical Behavior Therapy (DBT) for adolescents and families, and in DBT for adults. Since 2019, Staten Island Mental Health Society services and programs have been fully integrated as a division of RUMC. Outpatient services include developmental disability and early childhood family support, school-based mental health, and pre-school education.

At the Elizabeth W. Pouch Center, which serves people with intellectual/developmental disabilities, new hires include a licensed clinician, a clinic treatment coordinator, and a family peer advocate. Under the Early Child Mental Health program, a perinatal initiative is being developed to serve pregnant women with mental health needs.

RUMC adult outpatient mental health services

Outpatient Mental Health Services are in two convenient locations on the North Shore and Mid-Island. RUMC offers integrated care in these locations, where clients can have mental health and medical follow up. RUMC also offers a new treatment modality, Transcranial Magnetic Stimulation (TMS) to patients with treatment resistant depression.

"Patients come to see us in their most vulnerable states," said Dr. Idowu, who has been on staff at RUMC for 18 years. "The hospital's family atmosphere, especially in psychiatry, helps us address difficult diseases. We treat each other, and our patients, well."



RUMC hosted a suicide prevention resource fair on September 30. The fair featured behavioral health experts from RUMC as well as community partners. Across the country, September is recognized as National Suicide Prevention Month.

Oncology

World-class cancer care that's not worlds away

Cancer services have expanded at Richmond University Medical Center, offering the latest in treatment options for patients facing the life-threatening disease. First accredited by the American College of Surgeon's Commission on Cancer in 1937, RUMC's oncology program is the longest consecutively accredited program of its kind on Staten Island.

RUMC is fully equipped to thoroughly assess a patient's illness, develop a comprehensive treatment plan for a wide variety of cancers and blood disorders and deliver advanced care using the latest technology. This may include surgery, immunotherapy, chemotherapy, radiation therapy, rehabilitation, palliative care, and other targeted therapies.

Center for Cancer Care celebrates five-year anniversary

At the RUMC Center for Cancer Care, located at 1000 South Ave., compassionate physicians and healthcare staff provide measured, evidence-based consultation and



treatments that best suit each patient's needs, including diagnostics, PET scans, radiation therapy, medical oncology and hematology. The Center for Cancer Care team includes seasoned oncologists, nurse professionals, tumor registrars, pharmacists, therapists, nutritionists, social workers, and technologists. Opened in June of 2018, the center celebrated five years of serving the community, providing the latest treatments and therapies in a fully equipped location that is close to home for the vast majority of its patients.

In the last year, the Infusion Center's merger with the Center for Cancer Care has consolidated services so patients can see their oncologist and radiation therapist in the same day at one location.

The PET — or positron emission tomography — scan at the center is accredited by the American College of Radiation Oncology.



On September 25, HYLAN, a leading communications infrastructure construction company, hosted its fifth annual golf outing at the Metedeconk National Golf Club in Jackson, NJ. The outing raised \$75,000 for the hospital's palliative care program.



This year, Richmond University Medical Center celebrated its 86th consecutive year of accreditation by American College of Surgeon's Commission on Cancer.



A robust palliative care program

Palliative care focuses on providing medical care for the symptoms and stress of a serious illness — at any stage. The ultimate goal of palliative care is the improved quality of life for the patient and their family

Thomas Forlenza, MD, also provides pain management services to palliative care patients as they undergo treatment. Managing pain effectively is a critical part of the treatment process. The palliative care team includes a social worker, nurse practitioner, and spiritual caregiver, among others. Patients will soon be able to benefit from music and art therapy at the center, according to Deborah Rodriguez, Associate Director of Cancer Services.

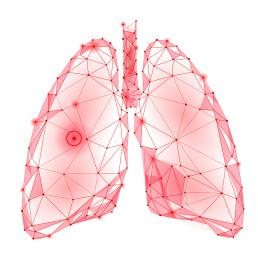
The Center for Cancer Care maintained its accreditation by the American College of Radiation Oncology for a third consecutive year for continuing to provide exceptional patient



care across all forms of radiation therapy. This past year also marked the center's fourth consecutive year of accreditation in Positron Emission Tomography (PET) by the American College of Radiology (ACR) for maintaining the highest level of quality and patient safety for patients undergoing PET scans.

Services include care coordination, behavioral health counseling, pain and symptom management, spiritual care, social service referrals, home/facility care management, and end-of-life planning.





Comprehensive lung screening services

Lung cancer screenings are offered at RUMC's main campus at 355 Bard Ave. A three-minute, low-dose CT scan can save a life with an early diagnosis, stresses Nancy Sayegh-Rooney, RN, ONN-CG, NCTTP, Lung Nurse Navigator for the lung-screening program. Rooney collaborates with Keith Diaz, MD, Director of the Lung Screening program, and Loren Harris, MD, Chair of the Department of Surgery. Cancers affecting the head and neck can now be treated at RUMC with robotic surgery, which minimizes pain and shortens recovery.

Screening our community for high risk cancers

Throughout 2023, the Oncology Department provided free screenings to the community. Staten Island



has one of the highest cancer diagnoses rates in New York City. With early detection key to improved outcomes and more effective treatment when a cancer is discovered, RUMC provided over 100 free prostate cancer screenings at community events across Staten Island in the past year. The hospital also distributed over 200 free at-home fecal immunochemical test, or FIT kits, to assist people in screening for colorectal cancer.

Richmond University Medical Center's Comprehensive Breast and Imaging Center celebrated its fourth consecutive year of accreditation from the American College of Radiology (ACR) in the modalities of mammography, breast ultrasound, stereotactic biopsy, and ultrasound guided biopsy



services. The gold seal represents the highest level of accreditation provided by the ACR for quality of care and patient safety.

Surgery

A new era in surgery begins with a new surgical pavilion

trained in robotic surgery.

The future of surgery is now at Richmond University Medical Center, Loren J. Harris, MD FACS FCCP, announced at a December ribbon-cutting ceremony for the Lucille and Jay Chazanoff Surgical Pavilion.

That future focuses on robotic-assisted surgery, which the new pavilion accommodates in three of ten state-of-the-art operating suites, said Dr. Harris, Chair of the Department of Surgery and Chief of General Thoracic Surgery at RUMC.

The da Vinci Robotic Surgical System enables the surgeon to perform complex procedures with more precision, flexibility and control than is possible with conventional techniques. It also delivers highly magnified, 3-D highdefinition views of the surgical site.

"The patient has less pain, a shorter hospital stay and returns to a normal lifestyle sooner," Dr. Harris said, citing three advantages of robotic-assisted surgery. There are fewer complications and smaller, less noticeable scars.

RUMC surgeons performed over 10,000 procedures in 2023, including both ambulatory and inpatient. More than 80 percent of surgeries today are minimally invasive,

confirmed Dr. Harris, who has served on the RUMC staff for 10 years.

The da Vinci Robotic Surgical System. Over 80% of RUMC's surgeons are

All operating suites in the 40,000-square-foot surgical pavilion include booms suspended from the ceiling to provide easy access to equipment and surgical instruments. New lighting and medical gas outlets, power sources, and large viewing screens are just some of the additional new features found throughout the pavilion.

PACU named for Pietro Carpenito, MD

Within the new pavilion, patients recovering from surgery will receive care in the Pietro Carpenito, MD, Post Anesthesia Care Unit. Dr. Carpenito has been involved with RUMC for almost 40 years and has assumed multiple roles during his tenure. He is one of the founding board members of RUMC and is the Chair of the Anesthesia Department, a position he has held for over 20 years. He also served as RUMC's Senior Vice President for Medical Affairs until 2014 when he then became the hospital's Executive Vice President. In 2020, Dr. Carpenito was appointed Chief Medical Officer for RUMC.

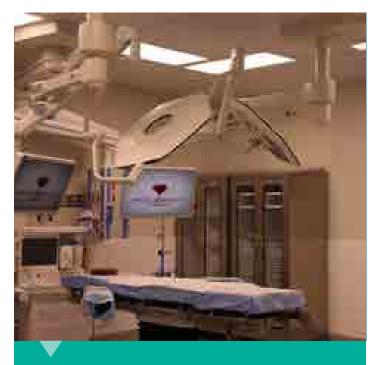
Attracting new surgeons

The Chazanoff Surgical Pavilion is attracting top surgeons to RUMC, Dr. Harris said. The surgical staff has expanded exponentially, with 35 board certified surgeons practicing 11 different surgical specialties including urology, oncology, gynecology, and ENT (ear, nose and throat).

"The new suites enhance patient flow, patient care, and patient satisfaction." he said.

Fast access to surgical pavilion for trauma patients

The location of the new operating suites, directly above the new James P. Molinaro Emergency Department, facilitates quick transport for trauma patients. RUMC serves Staten Island as a Level I Adult and Level II Pediatric Trauma Center, responding to over 1,000 traumas a year with excellent outcomes.



The 10 new operating suites are fully equipped for a variety of procedures. Three of the suites are configured to accommodate robotic surgery systems.





Loren J. Harris, MD, FACS, FCCP, speaks at the ribbon cutting ceremony for the new Lucille and Jay Chazanoff Surgical Pavilion in December 2023.

"One floor up on the elevator, and we can have that patient in the operating room within minutes," Dr. Harris said.

He praised the hospital staff for their compassion and commitment to the community.

"This hospital means so much to this borough. I couldn't be more excited about the new surgical pavilion and all it offers to our patients, physicians, and surgical staff. Staten Islanders are hard-working people who deserve the same level of care they can get anywhere else."



The new pavilion includes 23 pre- and post-operation bays and nurses stations located nearby to provide close monitoring and patient interaction.

Emergency Medicine

Quality trauma care in a new state-of-the-art facility

Since welcoming its first patients on January 20, 2023, RUMC's state-of-the-art James P. Molinaro Emergency Department has raised the quality of trauma and emergency care on Staten Island to a new level.

The department is more than twice the size of its predecessor with private trauma bays and treatment rooms and comprehensive specialty areas for pediatrics and urgent care, among others.

In 2023, more than 52,000 patients were treated in the Emergency Department, which is staffed by a team of over 20 board certified emergency physicians and close to 20 physician assistants in affiliation with the Mount Sinai Health System. The patient volume is a 5 percent increase over the previous year. The door-to-doctor time is under 20 minutes.

Chair of Emergency Medicine Johnathon LeBaron, DO, FACEP, MBA, was named one of Staten Island's 20 Under 40 for 2023 by the Staten Island Economic Development Corporation.



"It's about expediting care and enhancing the patient experience," summarized Johnathon LeBaron, DO, FACEP, MBA, Chair of Emergency Medicine. "And it's about providing privacy and dignity to each and every patient in their time of need with the latest in critical care technology."

Specialized care no matter the emergency

The 35,000-square-feet floor plan was designed with efficiency and patient privacy in mind. During registration in the reception area, walk-in patients are greeted and triaged by a registered nurse before being escorted to the treatment area.

In the Rapid Care Unit, patients with non-life threatening emergencies receive a quick assessment and treatment in two triage bays and six treatment bays. Patients who are non-urgent and would benefit from a rapid or focused medical treatment, but not necessarily a bed, can be seen in this area located adjacent to triage. There is a six-chair separate waiting area within the Rapid Care Unit for patients who can sit comfortably in a chair pending test results or discharge.

In ED East, with 24 patient care bays, patients tend to be less acute with common diagnoses including abdominal pain, minor suture repair, and/or cellulitis.

In November, Forensic

Nurse Coordinator Isangozi "Isa" Shoneyin, RN, was a recipient of the Staten Island Economic Development Corporation's Healthcare Hero Award.



With six treatment rooms, the designated pediatric area is bright, spacious, and stocked with toys to ease the fears of young patients. During high-volume evening hours, the area is staffed by a pediatrician, a nurse, and a medical assistant.

ED West houses an additional 18 resuscitation/high acuity rooms for those with severe illness or conditions, which are likely to require admission to the hospital. These include stroke, respiratory arrest, and cardiac issues.

Designed for patients with life-threatening emergencies, the trauma unit consists of three treatment areas with state-of-the-art emergency equipment within arm's reach of the provider, thanks to ceiling-mounted surgical booms, an Omnicell dispensing system, and cart systems.

"Combined with our incredibly skilled staff, this new layout has increased the efficiency and effectiveness of our processes," Dr. LeBaron said.

Caring for survivors of sexual assault

The Sexual Assault Forensic Examiner, or SAFE, program is one of 18 post-sexual assault treatment centers in New York City, and the only one on Staten Island. Since 1987, RUMC has partnered with victim advocacy groups under the common goal of eradicating abuse and violence within the community.

The SAFE area of the Emergency Department provides increased privacy thanks to a dedicated suite with a private entrance, a patient-centered exam room, interview room, and shower facilities.

In 2023, the Emergency Medicine Department earned Geriatric Emergency Department Accreditation (GEDA) from the American College of Emergency



Physicians (ACEP). The accreditation affirms RUMC has the appropriate equipment and personnel to provide emergency care to patients 65 years of age and older. Often these patients require special care due to their age.

Maternal Care

Bringing nearly 3,000 new lives into the world each year

Generations of families have trusted Richmond University Medical Center to bring their babies into the world and in spite of a nationwide decline in births, RUMC still welcomed nearly 3,000 newborns in 2023.

"It's a pivotal time in people's lives, an intimate time," said Victoria Orleman, MSN, RNC, IBCLC, Assistant Vice President for Women and Children's Services and Nursing Education at RUMC, confirming her department's commitment to world-class care. Orleman has worked at RUMC for 26 years. "We are dedicated to the community, and to improving health outcomes. Labor and Delivery is mostly a happy time, but we are here to help parents through difficult times that arise as well."



There were nearly 350 admissions to RUMC's highly acclaimed Level III Wayne Zenna Neonatal Intensive Care Unit (NICU) in 2023. With a survival rate of 997.2 out of every 1,000 births, RUMC's NICU has one of the highest survival rates in the country. In 2023, the average length of stay for a newborn in the NICU was only nine days. Babies weighing as little as 500 grams and born at 25 weeks are saved by a team of neonatal experts.

Emphasis on the importance of breastfeeding

The Maternity Department offers a comprehensive breastfeeding program led by Anna M. Moreno, BSN, RN-BC, IBCLC, Lactation Educator, and all staff members are trained to support breastfeeding mothers. Virtual classes are offered twice a month. "Breastfeeding is the preferred method," Orleman said. "But ultimately it's the mother's choice, and we support them in that choice."

Staten Island's only "Baby Friendly" hospital

RUMC is the only hospital on Staten Island since 2016 to carry the "Baby Friendly" certification from the World Health Organization (WHO) and United Nations Children's Fund (UNICEF). It is one of only 44 health-care facilities in New York State earning this certification and one of only 26 in New York City. The goal of the initiative, launched in 1991, is to protect, promote, and support breastfeeding and the mother-infant bonding experience.

RUMC is the only hospital on Staten Island since 2016 to carry the "Baby Friendly" certification from the World Hoolth Organization (



"BABY-FRIENDLY HOSPITAL" DESIGNATION

World Health Organization (WHO) and United Nations Children's Fund (UNICEF).)



Major capital renovation underway

A major modernization project is currently underway in RUMC's Richmond County Savings Foundation Mother/ Baby Unit. Designed to enhance the family bonding experience, all rooms throughout the unit are being converted into single-bed suites, complete with new in-suite bathrooms, larger beds, showers, flooring and windows, among many other amenities. Each suite also has larger space for family and visitors. In addition to renovating the unit's existing rooms to single occupancy, the hospital is also converting underutilized space in the unit to create new suites. This will enable RUMC to maintain its current bed capacity. Completion of the project is anticipated in 2025.



At 5:35 AM on January 1, Jonathan Matthew Tafone became the first baby of 2023 born at RUMC. He was the first child born to parents Matthew and Melissa Tafone. In April, the 3rd annual RUMC/Arnold Obey 5K Run/Walk was held in Clove Lakes Park. Proceeds from the event went toward the purchase of new equipment in the Wayne Zenna NICU.

Urology

Breakthrough procedure for a common prostate condition



Richard Maggio, MD, and Michael Wilson, DO, inside the new Lucille and Jay Chazanoff Surgical Pavilion. Both will be performing procedures, including Aquablation and UroLift, inside the pavilion's advanced surgical suites.

Physicians at the Urology Services Center of Richmond University Medical Center are now using UroLift, a stateof-the-art technique to treat Benign Prostatic Hyperplasia (BPH), a condition common among men. In 2023, the center was named a UroLift Center of Excellence.

As a man's prostate grows over time, it can compress the urethra, blocking the passageway and preventing normal urine flow. The condition often progresses with age. More than 40 percent of men in their 50s have BPH and that percentage increases to more than 70 percent of men in their 60s.

The UroLift System is a minimally invasive procedure and a proven option for patients looking for an alternative to watchful waiting, medications, or surgery. It is the only leading enlarged prostate procedure that does not require heating, cutting, or destruction of prostate tissue. Performed at the RUMC Urology Services Center at 1200 South Avenue, the procedure involves tiny implants that hold open the obstructed pathway so it no longer blocks urine flow.

Symptoms ease quickly with UroLift, said Richard Maggio, MD, a board certified urologic surgeon who practices general urology at the Urology Services Center and has a special interest in endo-urology and minimally invasive procedures for BPH.

New urologist

In 2023, Michael Wilson, DO, a board certified urologic surgeon who specializes in minimally invasive robotic surgery, joined the department as Chief of Robotic Urology.

Aquablation therapy

Drs. Maggio and Wilson also use Aquablation therapy, a robotic procedure that removes prostate tissue with the power of water. The innovative treatment replaces scraping, which risked a side effect of retrograde ejaculation, they explained. Aquablation is performed in the main hospital.

Prostate cancer

For prostate cancer detection, Promaxo offers the benefits of MRI-guided prostate biopsies in the comfort of the office. The technique results in a 23 percent increase in detecting clinically significant cancers, Dr. Maggio said. One in eight men will be diagnosed with prostate cancer in their lifetime, and 75 percent of PSA tests are falsely positive, making Promaxo a valuable option.



In 2023, Dr. Maggio visited Ghana, in Africa, as part of a national coalition of medical professionals, performing urologic procedures for patients with limited access to healthcare.

Ophthalmology

Providing a lifetime of healthy vision

Rehabilitation

Restoring quality of life for thousands of patients



David Mostafavi, MD Chair, Department of Ophthalmology

Three surgical super-specialists joined the ophthalmology staff at Richmond University Medical Center in 2023, offering comprehensive vision and eyecare services for patients of all ages.

The newest members of the team specialize in cornea, retina and glaucoma surgery, explained David Mostafavi, MD,

Chair of the Department of Ophthalmology since 2020 and a cataract surgery specialist.

"With these fellowship-trained doctors, RUMC can provide care for conditions affecting the whole eyeball," he said, citing as an example diabetic retinopathy, which can cause vision loss or blindness. "As a team, we offer the best comprehensive care to our patients."

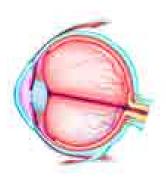
Eye emergencies

All ocular emergencies are handled in RUMC's Emergency Department and Surgical Department Dr. Mostafavi said. There is no need to seek treatment or arrange surgery for special conditions off Staten Island, he emphasized.

The most common condition requiring surgery is a ruptured globe, which occurs when the integrity of the outer membranes of the eye is disrupted by blunt or penetrating trauma. Other conditions requiring surgery include corneal transplants, strabismus repair, and retinal detachment repair.

New procedure for glaucoma care

For glaucoma patients, RUMC now offers minimally invasive glaucoma surgery, or MIGS, using stents to lower eye pressure to prevent or reduce damage to the optic nerve. Glaucoma is the leading cause of irreversible blindness, affecting 76 million people worldwide.



Comprehensive clinic for all eye and vision conditions

The RUMC Eye Clinic, which saw about 450 patients a month in 2023, offers a full range of services including diabetic eye exams, glaucoma screenings, and diagnosis of ocular disorders and diseases, as well as management and treatment of macular degeneration, cataracts, and many other conditions.



Kristine Delgado Administrative Director for Rehabilitation

The Comprehensive Rehabilitation Center, located in a separate building at the back of the Richmond University Medical Center campus, offers physical therapy, occupational therapy, speech therapy and cardiopulmonary rehabilitation. In 2023, the center had over 15,000 outpatient visits, a 30-40 percent increase from 2022.

Cardiopulmonary rehabilitation

The patient volume growth in 2023 included 1,700 visits for cardiac rehabilitation, designed for patients seeking to address heart troubles or recover from heart-related surgical procedures including bypass surgery, heart attack, and heart valve repair.



Caring for pediatric patients

The center also saw a 25 percent increase in pediatric patients, according to Kristine Delgado, a speech pathologist and Administrative Director for Rehabilitation at RUMC. Forty percent of occupational patients are children, and 60 percent are adults, she said. Children need rehabilitation for sensory issues, fine motor skills, and activities of daily living, Delgado explained, while adults most often seek therapy for carpal tunnel injury and fractures.

New hope for patients with swallowing difficulties

Also in 2023, the center began offering fiberoptic endoscopic evaluation of swallowing (FEES) assessment. Administered by licensed staff members, the procedure is useful for head-and-neck cancer patients and stroke patients with swallowing issues. During the procedure, a speech-language pathologist passes a thin, flexible instrument through the nose to view parts of the throat during swallowing.

New certification for speech therapy

The center's speech pathologist gained certification in PROMPT, or Prompts for Restructuring Oral Muscular Phonetic Targets, an approach that provides an evidencedbased framework and skills to assess a patient's physicalsensory, cognitive-linguistic, and social emotional domains. PROMPT evaluates how clients understand and use language, and how they socially interact with others.

Obstetrics and Gynecology

An expansion of genetic testing and counseling



Michael Cabbad, MD, FACOG Chair, OB/GYN Department

"We have expanded our genetic testing and now provide a personal touch," said Michael Cabbad, MD, FACOG, Chair of the OB/GYN Department. "Patients who are found to carry a disorder are counseled in person."

Sylvia Wasserman, MS, LCGC, a certified genetic counselor, joined the Obstetrics and Gynecology Department in 2023. Using family history, she assesses individual or family risk of an inherited condition, such as a genetic disorder or a birth defect.

Genetic disorders can include muscular dystrophy, cystic fibrosis, and spinal muscular atrophy, Dr. Cabbad said.

Minimally invasive robotic surgery

The department is also performing more minimally invasive, robotic-assisted surgeries using the da Vinci Robotic Surgical System. The new Lucille and Jay Chazanoff Surgical Pavilion, unveiled on December 13, 2023 makes this possible thanks to three new fully-equipped operating suites designed specifically to accommodate the robotic system. The state-of-the-art pavilion "expands our capability," Dr. Cabbad confirmed.

Dr. Cabbad: A transabdominal cerclage trailblazer

Dr. Cabbad is one of the foremost experts in transabdominal cerclage, or TAC, procedures. A TAC involves an incision in the lower abdomen through which a small, woven synthetic band is placed high on the cervix. The band supports the cervix, preventing it from opening and losing a pregnancy. With more than 40 years of experience helping mothers with high-risk pregnancies and reoccurring pregnancy losses, Dr. Cabbad is the first physician on Staten Island capable of performing the TAC procedure.

New physicians

In 2023, RUMC welcomed Michael Grecco, MD, FACOG and Louise Priolo, MD, FACOG. Dr. Grecco completed his residency at the State University of New York at Buffalo School of Medicine and immediately set up his practice on Staten Island in 1989. Dr. Priolo has over 30 years of experience in maternal fetal medicine and providing care for high-risk pregnancies. She graduated from New York Medical College in 1987. Dr. Priolo and Dr. Grecco are both board certified.

Nursing

New facilities boost demand for nurses

Rosemarie Stazzone, RN, MS, NE-BC Senior Vice President and Chief Nurse Officer

At 35,000 sq. ft., RUMC's new James P. Molinaro Emergency Department is five times larger than its predecessor. As a result of the larger facility and the increased need for the hospital's trauma and emergency medicine services, 20 new hires joined the nursing staff in 2023, said Rosemarie Stazzone, RN, MS, NE-BC, Senior Vice President and Chief Nurse Officer for Richmond University Medical Center.



More than 140 registered nurses and staff now support the 35,000-square-foot Emergency Department. That includes an increase in specially trained staff for RUMC's Sexual Assault Forensic Examiner (SAFE) Center of Excellence, the only one on Staten Island and one of only 19 in New York City.

Additional hires are also strengthening the staff for the Lucille and Jay Chazanoff Surgical Pavilion, unveiled in December 2023. Located directly above the Emergency Department, the pavilion features 10 state-of-the-art operating suites.

Nurse recruitment and retention

With the increasing demand for healthcare services, coupled with an aging workforce, lower entries in universities and other factors, a shortage of nurses,

Michael Cosentino, the principal of St. Peter's Boys High School, who spent 40 days at RUMC in 2021, some of that time on a ventilator while he battled COVID-19, returned in March 2023 to say thank you. He met with many of the medical professionals who cared for him including Diane Minett, RN.

especially perioperative nurses, is at an all-time high, Stazzone explained.

Skills for operating room nurses "are not well-taught in nursing schools," she said, so RUMC has established an on-site orientation program to attract and retain new hires. There is not a lot of turnover in operating room nursing staff, she added. "O.R. nurses love their job, and are committed to it."

Stazzone praised the nursing staff for their resilience and commitment. Many RUMC nurses are Staten Islanders who were born at RUMC, she pointed out, strengthening an atmosphere of family and community.

"They are the backbone of this organization," she said, referring to more than 600 registered nurses who provide round-the-clock compassionate care.



On November 16, RUMC held a conference focused on the growing rate of sexual assault incidents in the borough and treatment services available. The conference featured a demonstration of RUMC's SAFE nurses testifying in court and an overview of the services provided in RUMC's Emergency Department.

Medical Education

Ensuring the success of each resident

Angela D. Kerr, MD Designated Institutional Official, GME Department

To complement Richmond University Medical Center's overall mission to pursue the highest quality of patient care, the Graduate Medical Education (GME) Department is responsible for providing educational residency programs and a physician workforce capable of meeting the challenges of a rapidly evolving healthcare environment.

RUMC is dedicated to guiding and supervising each resident's professional and personal development as a physician, ensuring safe and appropriate care for all patients. Under the direction of Angela D. Kerr, MD, the hospital's Designated Institutional Official (DIO), the GME Department works to ensure that all of its programs meet or exceed the institutional and program requirements of the Accreditation Council for Graduate Medical Education (ACGME).

Continued ACGME accreditation

In 2023, RUMC and its programs were awarded continued ACGME accreditation following an on-site Clinical Learning Environment Review (CLER). CLER is designed to provide sponsoring institutions with periodic feedback that addresses six focus areas: patient safety, healthcare quality, teaming, supervision, well-being, and professionalism.



The RUMC medical library, located on the fourth floor of the hospital, recently completed a renovation with study pods, comfortable furniture, and an increase in computer stations from 20 to 40. Bound volumes of medical journals dating back through the 1930s were digitized to create more work and study space.

Training Programs

RUMC sponsors five ACGME accredited residency training programs: Internal Medicine, Pediatrics, Psychiatry, Obstetrics & Gynecology, and Radiology. The Institution also sponsors an ACGME accredited Fellowship program in Hematology and Oncology. The podiatry training program at RUMC is accredited by the Council on Podiatric Medical Education (CPME)

An additional training program is the SAGES Minimally Invasive Fellowship program accredited by the Fellowship Council.

In 2023, over 145 residents and Fellows were enrolled in the programs at RUMC. SUNY Health Sciences University College of Medicine is an academic affiliate and several of their sponsored programs (Cardiology, General Surgery, and Ophthalmology) rotate residents and fellows at RUMC for additional training.

RUMC also continues to hold clinical and academic affiliations with New York Medical College as well as Mount Sinai Health System and provides clinical experience for a large number of medical students.

Richmond Health Network

Expanding quality care throughout Staten Island and beyond

With 21 locations on Staten Island and one in Brooklyn, the Richmond Health Network is committed to expanding access to quality medical services for the Staten Island community and beyond with an emphasis on preventative services and specialty care.

Focusing on value-based care and health technology, the network supports patient engagement in wellness and health self-management across the continuum of care. A team of more than 60 physicians and healthcare professionals utilizes best practices to ensure positive outcomes for their patients, believing that healthy individuals create healthy communities.



Walk-In Centers: No appointments necessary

The network is home to three Primary Care/Immediate Care/Walk-In Centers. Two of the centers are located along the North Shore of Staten Island, one at Forest Avenue and the other on Clove Road in the Dr. Krishne Urs Medical Pavilion. The third is located on the South Shore of Staten Island at the intersection of Hylan Boulevard and Richmond Avenue. Patients can visit these centers for well visits, check-ups, flu shots, lab work, vaccinations, and general family care without an appointment.



Daniel DiMizio, MD Chief of Rheumatology

New service lines in 2023

This past year, the network expanded many of its outpatient services including urology, Ear, Nose and Throat (ENT), endocrinology and gastroenterology, to name a few. The network also welcomed a new addition to meet a growing need across Staten Island:



Throughout 2023, network practitioners and staff provided free health screenings at community events and through partnerships with faith-based organizations, businesses and elected officials. With some of the highest cancer and heart disease rates in New York City, emphasis was placed on screenings for breast, colorectal, and prostate cancer while members of the cardiovascular department provided EKGs and blood pressure checks. Over 1,000 screenings were conducted over the course of the year.

rheumatology. This new service line is led by Staten Island native Daniel DiMizio, MD, a board certified rheumatologist who was also named the hospital's Chief of Rheumatology

New website

In the fall of 2023, the network launched its own website, richmondhealthnetwork.org. The website allows for appointments to be made online with any of the network's medical professionals along with detailed information on services available, bios on network practitioners, and a protected patient portal where people can access their health information, approve prescriptions, and review summaries of their recent office visits.



Clinical Research

Pushing the envelope for new treatments and better outcomes

The Department of Clinical

and supervised by board

experienced research physicians

Dennis Bloomfield, MD, Director,

Director, lead the department in

conducting high-quality clinical

trials to test new medications,

devices, diagnostic modalities,

and treatment protocols.

and Jakey Patwari, MD, CCRC, CPI, FAPCR, Administrative

Research is staffed by

certified specialists.

Jakev Patwari. MD CCRC, CPI, FAPCR Administrative Director. Department of Clinical Research

New scan to promote liver health

In 2023, the department focused on Nonalcoholic Steatohepatitis (NASH), the most severe form of nonalcoholic fatty liver disease, a condition in which the liver builds up excessive fat deposits.

Dr. Kavan Patel is leading RUMC in a clinical trial for FibroScan, a test that measures the amount of fibrosis, or thickening of tissues, in the liver. It can be used alone or with other tests, such as biopsy, blood tests and ultrasound, to see how much scarring there is on the liver.



A clinical trial can make it possible for a patient to access a promising new treatment without the high cost associated with it.

"We serve a lot of lower-income patients," Dr. Patwari said. "It is extremely important that we offer new tests like FibroScan to them. They need access to life-saving drugs."

Additional trials underway

The department is also participating in a clinical trial for Repatha, an injectable prescription medicine used in adults with cardiovascular disease to reduce the risk of heart attack, stroke, and certain types of heart surgery.

In collaboration with the Oncology Department, the Clinical Research Department has been conducting multiple cancer research studies including lung as well as head and neck, to name a few.

The department is also studying GraftMaster, a coronary stent graft system from Abbott Laboratories.

Neurology

Offering the highest level of stroke care



Chief of Neurology

A stroke occurs when a blood vessel carrying oxygen and nutrients to the brain becomes blocked either by a clot or bursts, preventing part of the brain from getting the blood and oxygen it needs. Early detection and treatment are keys to improving survival, minimizing disability, and accelerating recovery times.

At Richmond University Medical Center, treatment of stroke is a high priority since stroke is the number one cause of significant disability in the U.S., said Allan Perel, MD, Chief of Neurology and Medical Director of the hospital's stroke unit.

"RUMC is at the cutting edge of stroke care," he stated. "There is no higher level of treatment anywhere else."

Nationally recognized for advanced stroke care

In 2023, RUMC, which cares for more than 400 stroke patients each year, earned the American Heart Association's Get With The Guidelines – Stroke Gold Plus guality achievement award for its commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines.

RUMC received the American Heart Association's Target: Stroke Honor Roll award for meeting specific criteria that reduces the time between an eligible stroke patient's arrival at the hospital and treatment with the clot-buster medication, alteplase.

The hospital also earned the American Heart Association's Target: Type 2 Diabetes Honor Roll award for its specialized care of stroke patients with Type 2 diabetes, who are at higher risk for complications due to their diabetic condition.



The hospital was also re-certified for the fifth consecutive year as an Advanced Primary Stroke Center by the American Heart Association/American Stroke Association, and The Joint Commission. The second This designation reflects RUMC's comprehensive stroke care services, including those provided in the new state-of-the-art James P. Molinaro Emergency Department.

RUMC also received The Joint Commission's prestigious Gold Seal of Approval for advanced primary stroke care.



Year in Review



Educating Our Community on Heart Health

In February, cardiologist Fiona Shehaj, MD, Chief of Women's Cardiovascular Health, spoke to members of the Jewish Community Center of Staten Island about the importance of proper cardiac care. In addition to her presentation, RUMC provided free EKGs and blood pressure checks to attendees.

Speaking to the Next Generation in Healthcare

On March 23, RUMC's Chair of Medicine and Chief of Endocrinology, Philip Otterbeck, MD, spoke to the medical technology class at Tottenville High School. The students are planning careers in the medical field. Dr. Otterbeck shared his background and experiences and provided helpful suggestions for the students to consider as they pursue their careers.





RUMC Connections Podcast Launched

In March, Richmond University Medical Center officially launched its new podcast *RUMC Connections*. The podcast features the hospital's medical professionals discussing the latest advances in medicine, healthcare services at RUMC and advice for healthy living. Episodes focused on such topics as cardiac health, robotic surgery, ophthalmology and pediatric surgery. Episodes can be found on the RUMC website, RUMCSI.org.

Health Fair with Pride Center of Staten Island

RUMC collaborated with Pride Center of Staten Island to host a community health fair on May 13. Free screenings, including lung capacity testing, and information on services available through RUMC were provided to attendees. The fair was also an opportunity to promote health and well-being among the borough's LGBTQ+ community.



Year in Review



RUMC Vital Signs Television Show Debuts

RUMC Vital Signs began filming episodes in May. Episodes feature many of the doctors, nurses, and medical professionals at RUMC discussing the latest news, procedures, and treatments in a talk-show style format. The 30-minute show airs on public access channels across Staten Island cable systems and is filmed at the studios of Community Media of Staten Island.

Protecting Young Hearts

On May 21, Chief of Women's Cardiovascular Health Fiona Shehaj, MD, participated in a healthy heart-screening event at Curtis High School. The event was held to screen students' cardiac functions, including free EKGs. Over 60 students were screened at the event, held in memory of Miles "KT" Kirkland, who passed away after suffering a cardiac emergency following football practice.





Summer Health Fair with Local Businesses

On July 9, RUMC participated in the School's Out for Summer street fair on Castleton Avenue. The event highlighted local businesses and organizations along the avenue. RUMC provided several different health screenings and information on services. Among those representing RUMC were Joanne Pietro, RN, MS, Assistant Vice President, Department of Psychiatry and Behavioral Science, and Anastasia Ciluffo, also from the Department of Psychiatry and Behavioral Science.



Student-Athlete Sports Evaluation Day

On August 12, free physicals for student-athletes across Staten Island were offered by a team of sports medicine experts from Richmond University Medical Center, led by board certified orthopedic surgeon and sports medicine specialist Mark Sherman, MD. Over 50 student-athletes were given a comprehensive physical exam intended to minimize the risks associated with sports participation.

Year in Review



Prostate Cancer Screening for Court Officers

On September 21 and 22, in partnership with the New York State Court Officers and Fans for the Cure, RUMC provided free prostate cancer screenings in honor of September being National Prostate Cancer Awareness Month. Nearly 50 court officers, attorneys, and staff at the courthouse in St. George were screened and had their results analyzed by the hospital's Oncology Department.

Walkers Wear Pink to Raise Breast Cancer Awareness

On October 22, Richmond University Medical Center proudly wore its pink at the 2023 Staten Island Making Strides Against Breast Cancer Walk in Midland Beach. RUMC joins with the American Cancer Society each year to co-sponsor the event, which attracts over 1,000 people annually.





Annual events honor supporters

The 2023 RUMC Golf, Tennis and Bocce Outing on May 22 honored Joseph Ferrara, Principal of BFC Partners; and Chair of Surgery Loren Harris MD. Then on Nov. 4, former Trustee Gina Gutzeit and longtime family physician Marianne LaBarbera, MD, were honored for their longtime support at the hospital's Annual Gala.

RUMC Sponsors 2023 SIEDC Health & Wellness Expo

On November 2, Richmond University Medical Center co-sponsored the Staten Island Economic Development Corporation's Health & Wellness Expo. The event was attended by over 1,000 people. RUMC provided over 200 free health screenings including EKGs, blood pressure checks, glaucoma exams, lung capacity screenings, and prostate cancer testing. The Department of Oncology also distributed at-home colorectal cancer test kits and the Department of Psychiatry and Behavioral Science distributed Narcan kits.



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Accreditations/Awards

Accreditation Council for Graduate Medical Education

(ACGME)

- Hematology/Oncology Fellowship
- Internal Medicine
- Pediatrics
- Psychiatry
- Obstetrics and Gynecology
- Radiology

American Association of Blood Banks (AABB)

Laboratory accreditation

American College of Cardiology

NCDR Chest Pain MI Registry— Platinum award

American College of Emergency Physicians

Geriatric Emergency Department — Bronze certification

American College of Radiation Oncology

Radiation oncology accreditation

American College of Radiology

- Breast Ultrasound
- Mammography
- Positron Emission Tomography (PET)
- Stereotactic Breast Biopsy
- Ultrasound Guided Biopsy

American College of Surgeons

- Committee on Cancer Oncology program accreditation
- Level I Adult Trauma Center
- ▶ Level II Pediatric Trauma Center
- Quality Surgical Partner-Accredited Metabolic and Bariatric Center

American Diabetes Association

 Diabetes Self-Management Education and Support certification

American Heart Association

- Mission: Lifeline STEMI Receiving Center-Gold
- Mission: Lifeline NSTEMI-Bronze

American Heart Association/American Stroke Association

- Advanced Primary Stroke Center
- ▶ Get With The Guidelines Stroke Gold Plus
- Target: Stroke Honor Roll
- Target: Type 2 Diabetes Honor Roll

American Society for Clinical Pathology

Laboratory accreditation

Centers for Disease Control and Prevention (CDC)

National Diabetes Prevention Program certification

College of American Pathologists

- Blood Gas Laboratory accreditation
- Pathology accreditation

Council of Podiatric Medical Education (CPME)

Podiatry medical education program accreditation

Medical Society of the State of New York

Continuing Medical Education certification

Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP)

- Adolescent Bariatric Surgery accreditation
- Bariatric Surgery accreditation

New York State Department of Health

- Level I Adult Trauma Center
- Level II Pediatric Trauma Center
- Level III Neonatal Intensive Care Unit (NICU)
- Sexual Assault Forensic Examiner (SAFE) Center of Excellence
- Trauma accreditation

The Joint Commission

- Hospital accreditation
- Primary Stroke Center

United Nations International Children's Emergency Fund

- (UNICEF)
- Baby Friendly Hospital designation

U.S. News & World Report

High Performing Hospital — Heart Failure

World Health Organization (WHO)

Baby Friendly Hospital designation



Richmond University Medical Center is a not-for-profit healthcare provider serving the ethnically diverse community of Staten Island and its neighbors. We provide premier quality patient care through a full spectrum of emergent, acute, primary, behavioral health, and educational services. We do this in an environment that promotes the highest satisfaction among patients, families, physicians, and staff.

Testimonies from our Grateful Patients

"I have had ambulatory surgery here three times now in three years. This hospital is wonderful and is amazing to everyone that walks in here. The whole staff is so kind and really truly cares about everyone. I would highly recommend this hospital for surgery."

"We want to give a big thank you to the hard working staff in OB for such a wonderful experience when we were in your care delivering our son. Everyone was so wonderful and attentive. A special thank you to our nurse Erica who was so amazing and caring. She went above and beyond the expectations of her job."

"I would like to say thank you to the amazing nurses at RUMC. I watched with my own eyes nurses save lives. Just imagine that someone whom you don't know does everything in their power to save your life? My mom had a very serious surgery a few days ago. Everyone was so attentive, so nice, so kind and understanding. I am forever grateful to the amazing nurses who selflessly help others."

"Dr. Michael Lacqua is a wonderful plastic surgeon, wound specialist, and hand plastic surgeon. You will not get better care, service or outcomes anywhere else."

"My son had ear tube surgery on 2/21/23. The nurses, doctors, and assistants in the Ambulatory Surgery Department were beyond wonderful. I want to specifically shout out RNs Antoinette (Annie) and Diane (recovery). They went above and beyond to make sure everything was just right!"

"The staff are very understanding and kind. I had to go here for a psychiatric evaluation today in order to go back to school. It was my first time and I was very nervous, but they were very supportive about everything. I wanted to say thank you to the staff here at RUMC."

"I gave birth to my baby here a few days ago. I got induced and enjoyed the hospital. I wish I could do it over again. I was determined to give birth at this hospital because I was in the Bronx, but I been getting prenatal care at RUMC. I had my own room, the rooms were nice and clean and the people were nice and helpful." "My entire experience was possibly the best hospital trip I've ever had to make. Every single person who I came across was so kind and caring, and even though they were busy, I was still provided service quickly. Very impressed!"

"I am writing to tell you about my husband's recent stay at RUMC. He was hospitalized and needed a pacemaker. His stay was made most comfortable by your caring and professional team of nurses in CCU. Everyone treated my husband like family, especially Vishally Blessing and Cha Cha. Also Randi, Gissette, Johnna and Anondi. The night and day crews were all wonderful."

"My visit to RUMC's Emergency Department was a surprisingly pleasant experience. I walked in filled with anxiety and walked out much relieved. From start to finish, the staff was excellent! I had a wonderful Dr. Cooper and equally wonderful nurse, Laura. In addition, the visit took only one hour. Thank you very much!"

"I know it is not often that people write notes like this, particularly when it has to do with healthcare services in the five boroughs of New York. But in this case, I have to pay a compliment to the entire staff at Richmond University Medical Center. They were kind, compassionate, and incredibly responsive."

"I wish all of you the best of health. You took into consideration my health and made me well! I thank all of you for giving me the best care ever. With much love, peace, health, and happiness to all. Enjoy every day of your life. I realize that your health is the most important thing in life because without it, we have nothing!"



We Care For You Like Family, Because You Are.

355 Bard Avenue, Staten Island, NY 10310 844-934-CARE | www.RUMCSI.org

