

Richmond University Medical Center

Post COVID-19 Care Center
(PCC Center)





HOW TO ACCESS THE CENTER'S SERVICES

- Speak to your primary care or family medicine physician or pediatrician to attain a referral to our center.
- Request a copy of your records from the hospital where you were admitted or your primary care physician so we may review it at your visit.
- Call to schedule an appointment: 718-818-1500

The PCC Center will provide you with the most comprehensive care and on-going surveillance for your post COVID-19 conditions. We want to be with you every step of the way during your immediate and long-term recovery. Your continued health is our priority!



ADULT PROGRAM

The PCC Center is available for those patients who have been treated for COVID-19. In addition to coping with myriad changes to their medication regimens, patients recovering from these conditions often experience long-lasting side effects including:

- ▶ Pulmonary disease
- ▶ Cardiac-related issues
- ▶ Anxiety and depression
- ▶ Chronic fatigue and loss of stamina

The PCC Center features a multi-disciplinary team of experts including:

- ▶ Primary Care/Family Medicine Physicians
- ▶ Pulmonary Medicine
- ▶ Cardiac Care
- ▶ Physiatry
- ▶ Psychiatry and Behavioral Health
- ▶ Infectious Disease
- ▶ Additional Specialists

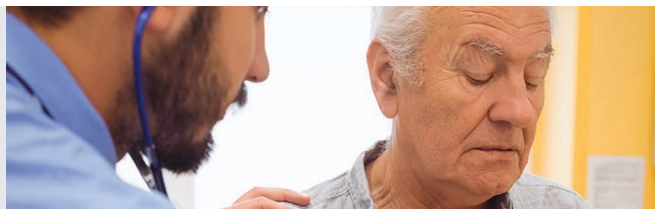


PEDIATRIC PROGRAM

A specific pediatric program involving similar sub-specialists is offered for children recovering from COVID-19 symptoms and Multisystem Inflammatory Syndrome in Children (MIS-C). Speak immediately with your pediatrician for the latest information regarding this emerging health crisis.

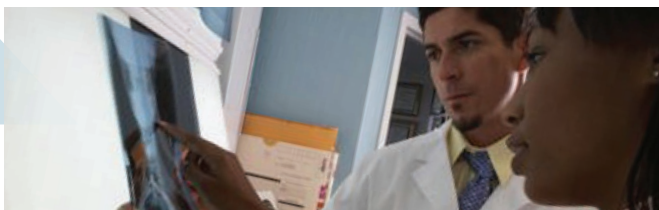


WHAT YOU CAN EXPECT



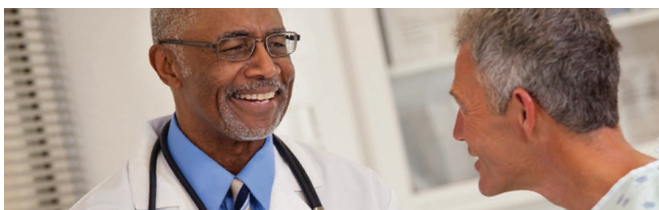
Evaluation

You will receive a comprehensive medical evaluation related to your condition by a primary care or family medicine physician, nurse practitioner or assistant. This will include a review of your previous medical records including blood work, radiology, behavioral health screenings, pulmonary testing and advanced cardiac testing.



Diagnostic Work-Up

Depending on the findings, additional testing may be required, including a CAT Scan, swallowing evaluation, or physical therapy exam. Once all results are compiled, a detailed report will be mailed to your referring physician. It is our goal to keep your primary care provider informed of your progress.



Your Treatment Plan

In consultation with your referring physician, you will be given an individualized treatment plan. It may include pulmonary rehabilitation, physical therapy, scheduled office visits, follow-up studies or home health services through Visiting Nurse Association of Staten Island (VNA).

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288 Kissel Avenue
Staten Island, NY 10310
(behind the main hospital building)

718-818-1500

www.rumcsi.org/postcovidcare



Maintain Social Distance



**Cover your
mouth when
you cough**



**Wash your hands
for at least
20 seconds**