Richmond University Medical Center

Orthopedics and Sports Medicine



Helping You Maintain a Life in Motion



MEET THE DOCTORS



Mark Brandon, MD Board Certified

The first doctor on Staten Island to perform reverse shoulder replacement for irreparable rotator cuff tears, fractures, or arthritis with a rotator cuff tear.



Nadubeethi Jayaram, MD Board Certified Castle Connolly Top Doctor

Fellowship trained in hand and microvascular surgery. Specializes in complex hand, wrist, and elbow problems.



Mikhail Khaimov, DO Fellowship trained in adult reconstruction and joint

reconstruction and joint replacement

Brings you the latest advances in joint replacement surgery including minimally invasive hip replacements.

REGAIN YOUR QUALITY OF LIFE

Our orthopedic specialists utilize pioneering techniques and highly specialized treatments to care for bones, muscles, and joints throughout the human body. Dedicated to providing the highest quality personalized care, our physicians have a wide range of specialties and sub-specialties including robotic-assisted surgery, joint repair, fracture and trauma repair, total hip and knee replacements, and conditions affecting the shoulders and hands.



Shoulder Surgery

- Minimally invasive all-arthroscopic labrum repair and rotator cuff repairs
- Reverse shoulder replacement
- Revision rotator cuff repair surgery
- Shoulder reconstruction
- Shoulder resurfacing / "partial joint replacement"
- Shoulder stabilization for dislocations
- Total shoulder replacement

Knee

- Arthroscopic ACL reconstruction
- Cartilage restoration "microfracture" surgery
- Arthroscopic meniscus repair
- · Partial knee replacement
- · Revision total knee replacement
- · Total knee replacement

AT THE FOREFRONT OF MINIMALLY INVASIVE SURGERIES

- We are expertly trained in arthroscopic surgery, which revolutionizes the way joint damage can be treated and repaired. Patients benefit from faster recovery times, shorter hospital stays, and less scarring.
- ▶ We are the first in the country to use state-ofthe-art techniques during joint replacement surgery, including the use of absorbable antibiotic beads to help minimize infection risk.
- ▶ Total knee replacement surgeries are performed using new-age low-profile more anatomic or life-like prostheses. We performed the first navigation-assisted total knee replacement surgery on Staten Island.



Fractures and Trauma

- · Casting and brace treatment
- · Surgical stabilization
- · Treatment for all fractures

Hand Surgery

- · Carpal tunnel syndrome
- · Complex hand and wrist fractures
- Trigger finger release and injection procedures
- Wrist and hand arthritis treatment:
 - Wrist and hand fusion surgery
 - Thumb interposition surgery prosthesis
 - Steroid injections for symptom relief

Hip

- · Revision total hip replacement
- Total hip replacement (including anterior approach)

SPORTS MEDICINE: GETTING YOU BACK IN THE GAME

Are you an athlete or a physically active individual who has had a recent injury such as an ACL tear or shoulder impairment? We specialize in sports-related injuries and conditions, delivering individualized care to help you improve performance and return you to an active lifestyle.



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rumcsi.org/orthopedic