

# Richmond University Medical Center

## Lung Screening



*Early Detection  
Saves Lives*

# OUR TEAM

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- ▶ **Keith Diaz, MD** – Director of the Lung Screening Program
  - ▶ **Loren J. Harris, MD, FACS, FCCP** – Chairman of Surgery and Director of the Division of Thoracic Surgery
  - ▶ **Nancy Sayegh-Rooney, RN, CTTS** – Lung Nurse Navigator
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*“Our team always puts your health first. We work together to make sure you have the resources and answers you need when you need them, starting with our nurse navigator, who will be with you every step of the way. Richmond University Medical Center is at the forefront of lung screenings and education — because we care about the people in our community.”*

**— Keith Diaz, MD**  
Director of the Lung Screening Program



## **BREATHE EASIER, HAVE PEACE OF MIND**

Lung cancer is the number one cause of cancer-related deaths in the United States. Early detection is possible and can save lives.

### **WHAT IS A LUNG SCREENING?**

A lung screening involves the use of a low dose Computed Tomography (CT) scan, which produces cross-section images of the lungs. The patient is asked to hold their breath for five to ten seconds during which time the CT scan is able to take an x-ray of the entire chest.

## WHY A LUNG SCREENING?

Found in their earliest stages, 90 percent of lung cancers are curable. Having an annual lung screening aids in this early detection. If you are between the ages of 55 and 80, and you are a smoker or a former smoker who quit within the past 15 years, call us to find out more about lung screening. A physician's referral or request is needed. Please contact your primary care physician for a referral, then call 718-818-2391.

If an abnormality is found, the lung screening program at Richmond University Medical Center offers further support and services, including:

### ▶ **A Lung Nurse Navigator**

▶ **Videoscopes** – If you need surgery for treatment, videoscopes employ minimally invasive techniques that allow us to perform standard cancer surgery with smaller incisions.

▶ **ENB – Electromagnetic Navigational Bronchoscopy** – This state-of-the-art equipment utilizes GPS to help localize the lesion, allowing us to perform a minimally invasive, incision-less biopsy.

▶ **EBUS – Endobronchial Ultrasound** – A minimally invasive procedure that provides physicians with a detailed image of your airways using a device called a bronchoscope.

### ▶ **A Thoracic Surgeon**

### ▶ **Cardiopulmonary Rehabilitation**

### ▶ **A Smoking Cessation program**

## WHAT IS A NURSE NAVIGATOR?

Our nurse navigator serves as your advocate throughout the screening process and will ensure your needs are met in a timely manner, resulting in faster treatments and better outcomes. The navigator will provide you with the information you need, set up your appointment, accompany you to the scan, and call you with the results. The navigator will also help you figure out your next steps, depending on the results of the scan.



## MEET OUR NURSE NAVIGATOR

### **Nancy Sayegh-Rooney, RN, CTTS**

A nurse for over 40 years, Nancy Rooney has an exceptional background in cancer screening. Her efforts in cancer awareness and prevention make her a natural in this position. Nancy has a friendly touch that will make your experience easier and less intimidating. She will be your support system throughout the lung screening process here at Richmond University Medical Center. Nancy is also a Certified Tobacco Treatment Specialist (CTTS).

## **SCHEDULE A SCREENING**

**For more information or to schedule  
a screening please call our  
Lung Nurse Navigator  
Nancy Sayegh-Rooney, RN, CTTS  
at 718-818-2391 or email her  
at [nrooney@rumcsi.org](mailto:nrooney@rumcsi.org)**

**Richmond University  
 Medical Center**



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**[www.rumcsi.org/lungscreening](http://www.rumcsi.org/lungscreening)**

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